

TRAINING IN SCUBA DIVING: EXPLORING UNDER WATER WORLD OF OCEANS

Scuba Diving is termed as an underwater activity with the help of Self Contained Underwater Breathing Apparatus. The Pakistan Wetlands Programme has deployed inventory of diving equipment to under take SCUBA diving for exploring under water nature's wealth in Pakistan and to promote it at large.

Two PADI Open Water Diver courses have been conducted in December 2010, to build capacity of stakeholders involved in coastal and marine wetland resources management. The Qualified participants were certified by PADI Asia Pacific Australia and can now dive any where in the world using PADI facilities available in 170 countries. It is to apprise that five of these qualified divers were also taken to dive in the area of their interest under the supervision of PADI instructor which includes Karachi, Ormara, Astolla, Pasni and Gwadar. The reports of these courses can also be viewed from the website of Pakistan Wetlands Programme.

PADI Open Water Diver Course includes: Knowledge development covering the fundamentals of scuba diving, introduction to dive equipment and techniques, 5 confined water dives and 4 open water dives.

We have highly experienced and trained Open Water Scuba Diving Instructor who is on the panel of PADI (Professional Association of Diving Instructors). Upon Completion of PADI Open Water Course participants will be awarded certification by PADI Asia Pacific Australia. Keeping in view the safety of individuals, the courses will be conducted in the batches of only four participants. The schedule of the course is tabulated below:

| Course Code | Scheduling Month | Knowledge Review/Swimming Pool sessions | Confined Water Dive | Open Water Dive |
|---------------------------------|-------------------------|---|-----------------------------|---|
| Open Water Diver Course (OWD-3) | May, 2011 | May 23 rd to 25 th , 2011 | May 26 th , 2011 | May 27 th to 28 th , 2011 |

Registrations are open until May 11th-2011

Course Fee for PADI Open Water Diver Course (OWD-3) is PKR 50,000 the package includes registration/certification with PADI, rental equipment, PADI education material (Diving Manual, DVD, Dive planner, Divers Logbook, Training Record, Keep Diving Brochure, Student Record File, Vinyl Satchel), lunch with refreshments, Swimming pool charges and transportation).

Venue: Islamabad

Pre-requisites: Participants for the course be medically fit. Participants of PADI Open Water Diver course, will also be required to demonstrate 10-minute swim/float without using any swim aids and 200 meter/yard continuous surface swim or a 300 meter/yard swim with mask, fins and snorkel.

For registration, kindly contact:

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